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ICAROS Cloud – The Next Dimension Of Digital Home Fitness

With the ICAROS Cloud, ICAROS GmbH, founded in Munich in 2015, presents its latest training system. The product is a consistent further development of the company's mission to design effective training through motivating unique experiences.

What is the ICAROS Cloud?

The ICAROS Cloud is an inflatable, mobile, and digitally networked training device from ICAROS. The cloud has won several design prizes and enables highly effective full-body training for everyone, anytime and almost anywhere.



What has the ICAROS Cloud to offer?

The ICAROS Cloud offers a wide range of digitally supported full-body workouts. The training effect of countless classic fitness exercises is enhanced by balancing on the freely movable training platform. The clean execution of every exercise is digitally tracked and requires coordination, body tension, and balance.

In the workout app ICALETHICS, professional trainers virtually accompany the trainees through their workouts. The workouts are particularly developed with sports medicine specialists and guarantee highly effective, measurable full-body training that never gets boring. With yoga and Pilates-based balance exercises, strength training units, and high-intensity interval workouts, the trainees improve their coordination, strength, and endurance. Through detailed training statistics, workout progress

can be tracked in a personal account to permanently maintain the trainees motivation to achieve individual training goals.

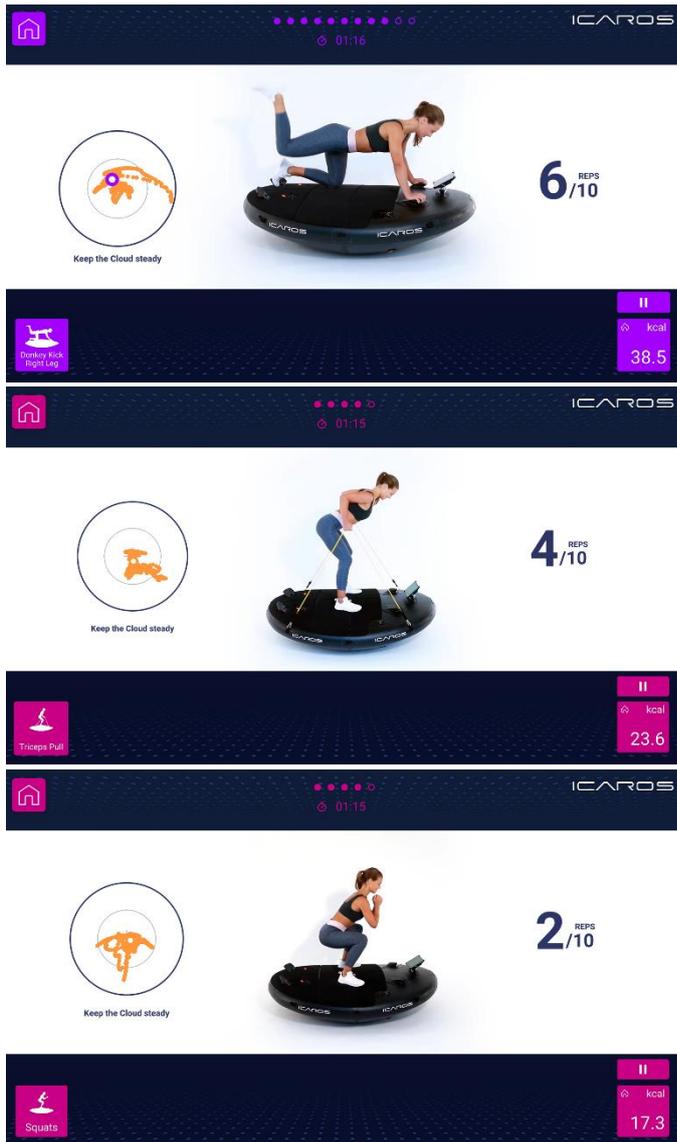
ICALETHICS is now available as a freemium app in the Apple Appstore and the Google Playstore.

The basic version of ICALETHICS is free of charge.

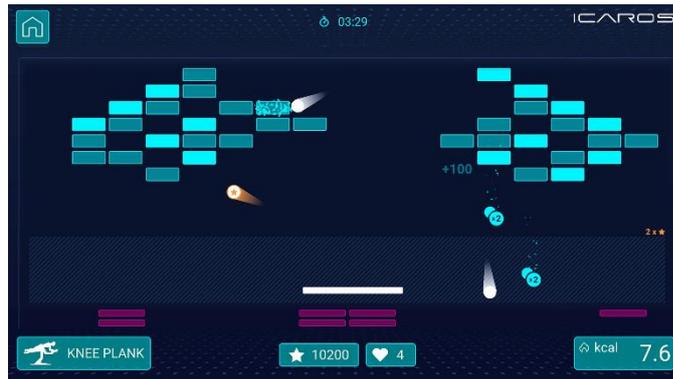
The premium version ICALETHICS Pro offers a multitude of effective and versatile exercises with friendly coaches, personal tracking and more sporty mini-games.

ICALETHICS Pro is available in a 12-month subscription (116 € incl. VAT per year).

ICALETHICS is compatible with all newer iOS and Android smartphones and tablets.



In addition to virtual workouts with dedicated trainers, playful programs such as Brick Breaker provide plenty of motivation - even for those who are otherwise less enthusiastic about sports.



Thanks to the numerous options for attaching resistance bands, more experienced or more creative athletes also have countless opportunities to create their analog workouts.



Whether individually at home or in a group on the sports field. The ICAROS Cloud is the ideal training companion for everyone who wants to train regardless of location.



Why choose the ICAROS Cloud?

The ICAROS Cloud offers a training experience that will inspire you again and again. The special training effect lies in the combination of the special shape of the cloud, its digital interface and the specially developed ICALETHICS training app. With the additional motivation of committed trainers, as well as entertaining exergames for the whole family, the ICAROS Cloud creates countless possibilities for an effective, professional, and individual training program. This makes the ICAROS Cloud a unique training system for all sports-enthusiasts - and, thanks to the intuitive handling, of course also for those who want to become one. **Get fit and stay fit – with the ICAROS Cloud!**